

Location: North Dorset, UK
Email: owen@abelandjones.co.uk
Phone: 07879 817144

Professional Bodies: BCS The British Computer Society (Member)
Shopify Partner
CIMSPA Chartered Institute for the Management of Sport and Physical Activity (Practitioner)

Additional: Full clean UK driving license

I am currently working as a remote freelance Software Engineer & Web Developer specialising in Shopify, WordPress and WooCommerce development for small and micro e-commerce businesses. I bring a wealth of experience in software engineering and project management to my freelance work having spent 15 years in the software industry with a variety of companies across the South West.

In 2013 I took a break from engineering to follow a long-held passion for health and exercise, qualifying as a Personal Trainer and Fitness Instructor. After spending a couple of years focussing on running my own fitness business I was drawn back to software in 2018. I am now a full-time engineer again and I've never been happier.

Education

The University of Greenwich BSc (Hons) Computing Science	Sep 1997 - Jun 2001 1 st Class
West Kent College BTEC National Diploma Design and Communications	Sep 1992 - Jun 1994 Distinction
Brockhill Park School GCSE 5 including Maths and English	Sep 1991 - Jun 1992 4 at A Grade

Fitness Qualifications

L3 Diploma Personal Training & Business Planning	Jun 2015
L2 Certificate Fitness Instructing (Gym-based Exercise)	Dec 2014
L2/L3 CPD Continued Personal Development (Various)	Ongoing

Current Employment

Abel & Jones (Freelance/Self-Employed) - www.abelandjones.co.uk May 2018 - Present
Managing my own small software development business offering my services as a freelance **Software Engineer & Web Developer** to clients from all over the world with tasks ranging from building online stores from scratch to updating existing sites with theme customisation, feature enhancements and bug fixes.

Key skills developed: Shopify, WordPress, WooCommerce, HTML, CSS, JavaScript and PHP.

Stour Karate (Self-Employed) - www.stourkarate.co.uk Mar 2013 - Present
Founder and Chief Instructor of a North Dorset based club teaching mixed ages (6+) and abilities one of the traditional styles of Karate - Wado-Ryu.

Employment History

Stour Fitness (Self-Employed) Mar 2015 – Dec 2019
Personal Trainer and Group Exercise Instructor working with private clients on a 1-2-1 basis and offering classes including circuits, bootcamp, group cycling, kettlebells and martial arts based workouts.

Canford School (Part Time) Apr 2013 - Mar 2016
Maintenance Assistant to all trades within the Estates Department at this independent co-educational boarding and day school. *This was a part time role held while qualifying as a Personal Trainer.*

BakBone Software/Quest/Dell May 2008 - Dec 2012
Senior Software Development Engineer for a leading developer of distributed, cross platform data protection software solutions. In addition to software engineering the role also included recruitment, team leadership, project management and customer support.

Key skills developed: C programming, XML, HTTP, WebDAV, cross platform development, component testing, software design/documentation, fault report management and team leadership.

Roke Manor Research (Siemens) Nov 2005 - Apr 2008
Senior Software Engineer within a leading communications and electronics research and development organisation. Helped define and prototype a new IP based communication protocol. Provided technical support and performed customer requirements capture as part of a successful bid for a major contract.

Key skills developed: C programming, Python, Linux software development, telecomm protocols (specifically encoding/decoding), TCP/IP, UDP, ASN.1, system integration, customer interfacing, standards definition, technical bid support and customer requirements capture.

Telesoft Technologies Jul 1999 - Jun 2005
Starting as a **Trainee Software Design Engineer** on an industrial placement and rising to the position of **Engineering Manager**. Working for this specialist telecommunication hardware company offered invaluable experience of every aspect of the development lifecycle.

Key skills developed: C programming, VB, real-time software, firmware (VXWorks)/embedded software development, fault replication, telecomm protocols (specifically encoding/decoding), interface definition, TCP/IP, UDP, driver development, H100/H110 bus technologies, cross platform development, component testing, software design/documentation with SDL, ASN.1, project management, resource management, customer training, customer support, system integration, planning system & acceptance testing and working on customer sites.

CIS Security, Selfridges, Blackheath Conservatoire & Whitbread PLC Nov 1996 - Jun 2001
Part time/Holiday jobs while attending University.

Whitbread PLC Jun 1994 - Nov 1996
Assistant/Relief Pub Manager

Interests

My main hobby and interest is Karate. As well as the time spent working with my own Karate club I spend a lot of my spare time training and keeping fit, whether that be at the local gym or taking part in Parkrun. I also enjoy playing the guitar, listening to live music and am an avid film and TV buff, because everybody needs to be a couch potato sometimes!

References

Available on request